

# Community first responders

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Our community first responders are volunteers who are trained by us to attend certain types of emergency calls in the area where they live or work. Their aim is to reach a potential life threatening emergency in the first vital minutes before the ambulance crew arrives. Their role is to help stabilise the patient and provide the appropriate care until the more highly skilled ambulance crew arrives on scene to take over the treatment.

**Role type:** Voluntary

**Locations:** Suffolk

**Length of training:** Initial intensive 18 contact hour training, usually held at weekends.

Anyone can become a community first responder but you must:

- be physically fit
- be aged between 18-70
- agree to a disclosure and barring service check (DBS). This was previously known as criminal records bureau disclosure or CRB.
- have a sympathetic, caring nature
- agree to undertake training, which we provide
- have a full driving licence and access to a road worthy car.

[Want to join the team?](#)

If you feel you could become a community first responder or a supporter and need more information, call 0345 601 3733 (01603 481220 out of hours).

You can complete our online form or please email your request for information to: [EEASTCFRS@eastamb.nhs.uk](mailto:EEASTCFRS@eastamb.nhs.uk)

If you would like to contact your community partnership manager directly, please email below:

## **Suffolk and South Cambridgeshire**

Community Collaboration Manager, Jon Needle

Email: [suffolkresponder@eastamb.nhs.uk](mailto:suffolkresponder@eastamb.nhs.uk)

Contact: 07710 340640

**Wickhambrook Parish Council** has taken this information from the NHS website. If after investigating the role as directed above anyone feels they would benefit from a group meeting with the NHS representative please contact the Parish Clerk on 01440821861 or email [parishclerk@wickhambrook.org](mailto:parishclerk@wickhambrook.org) by **31 March 2017**. If enough interest is shown a meeting will be arranged and the details sent out.