

WICKHAMBROOK WHAT'S ON

June - July

...June

- 1**
THURSDAY **W.I. WALKING GROUPS** All welcome - for those of you who feel the need for regular exercise and lots of chat! **Wednesdays** at 10am for the longer distances and **Thursdays** at 10am for a gentler walking programme. Just turn up at the WI Hall if you would like to join in. Information is always available from Hilary (01440 821713) or Veronica (01440 820791)
- 3**
SATURDAY **FAIR TRADE COFFEE MORNINGS** the Benefice Hall, Wickhambrook 1st Saturday in the month 10am. You don't need to buy anything, just come along for coffee/tea and company. All welcome! Info contact Josie Wreathall 01440 783286
- 4**
SUNDAY **METHODIST CHURCH SERVICE** Our Sunday services remain at 10.30am each week all welcome.
- 6**
TUESDAY **SUFFOLK FAMILY CARERS** Are you looking after someone? Who's looking after you? Monthly Family Carers Group on the first Tuesday of the month from 1.30 - 3.30pm at the MSC (Pavilion Room). Please come along for a chat and a cuppa. More information contact Ros on 01473 835407 or healthteam@suffolkfamilycares.org One to one appointments are also available with a Family Carer Adviser at Wickhambrook Surgery.
- FALLS PREVENTION CLASSES** Every Tuesday 10.30 - 11.20am at Wickhambrook Pavilion. Pay as you go, £4.00 a class.
- METHODIST CHURCH HARMONY HOUR** alternate Tuesdays - please contact Jenny Turner 01440 820346 for details
- 7**
WEDNESDAY **GREYHOUND & TWENTY ONE** Every **Wednesday** 6pm-9pm Homemade burgers with triple cooked chips, salad & a selected drink only £12.95. **Every Thurs, Fri & Sat Lunch Time** 12pm-2pm, 2 Courses £11, 3 Courses £15. **Every Thursday Evening** 20% off the main menu 6pm-9pm **Every Friday** Steak Night 3 Courses Just £25. To book call 01440 821017.
- WICKHAMBROOK MOTHERS AND TODDLERS** every **Wednesday in term time**, at the United Reformed Chapel 9.45am-11.45am. A chance for Mum's to get together, have a chat and a hot drink whilst their children play with the extensive selection of toys. No need to book, just turn up. Each session costs £2 per family and your first session is FREE!
- 8**
THURSDAY **HORTICULTURAL SOCIETY Annual Coach Trip to Somerleyton Hall.** There are a few spaces on the coach so if anyone is interested in this coach trip please contact Audrey or Matthew Lawfield on 01440 821379 for details. The coach leaves Wickhambrook MSC Car park at 9 a.m. and leaves Somerleyton Hall at 5 p.m. The cost of £25 each includes coach fare, gardens and a private tour of the gardens.
- MEET AND EAT at the Greyhound & Twenty One. 8th June & 22nd June, 6th & 20th July** 12.30pm - 2.30pm. Homemade soup and a roll £3.95, 2 courses for £10 or 3 courses for £14. Come along with friends or even on your own and join in the chat.
- PARISH COUNCIL ESTATES COMMITTEE MEETING** Thursday 7.30 p.m. start in the Pavilion next to the MSC Hall
- 9**
FRIDAY **W.I. FRIDAY TEA PARTY** All welcome, from 2-4pm - Tea, Coffee and Cake £1.50. All profits to a local charity or group and for our Denman Bursary.
- 11**
SUNDAY **FARMERS MARKET & CENTRE CAFE 10am - 1pm in the MSC Hall** Fresh veg, fresh, chilled and frozen prime cuts of beef, lamb and pork, and a welcome cup of tea or coffee ('posh coffee' if you prefer), with a naughty 'sweet' treat or a delicious hot snack (those bacon sarnies are simply irresistible), in the drop-in friendly Centre Cafe.
- 13**
TUESDAY **W.I. MEETING Belly Dancing with Victoria Painting** All Welcome. 7.30 pm in W.I. Hall. Talk and demo with an opportunity to participate.
- 16**
FRIDAY **W.I. ANNUAL LITERARY LUNCH with Rosy Thornton, local author of Sandlands** a collection of short stories set in East Suffolk and other novels set in this area. Tickets £7.50 inc buffet from Dorothy Anderson 01440 820376. Venue: W.I. Hall Wickhambrook All Welcome!!
- 18**
SUNDAY **GREYHOUND & TWENTY ONE** Fathers Day 3 courses £25 12.30 & 4pm Book to avoid disappointment call Jack on 01440 821017.
- 21**
WEDNESDAY **HISTORY SOCIETY visit to Lincoln Cathedral and Castle** Leaving MSC Hall at 8.15am. Members only. More details from Gillian 01440 820052.
- 25**
SUNDAY **ALL SAINTS' CHURCH Family service** with eucharist 10am. Refreshments after the service in the Hall. For a full list of weekly Sunday services around our benefice of seven churches please see the website for details www.bansfieldbenefice.org.uk/services/ Like us on Facebook www.facebook.com/bansfieldbenefice

June dates continued over the page...

REQUEST FOR VOLUNTEERS FOR CARNIVAL DAY
If you can spare a few hours - even one hour - either on Friday 7th July or on Carnival Day 8th July please get in touch with Sue on 01440 820413 or Maggie on 01440 820559 or another Carnival Committee member. Also contact above if you would like to join the Carnival Parade

...June continued

26 **HORTICULTURAL SOCIETY Brief History of the English Garden** a gallop through gardens Mediaeval to Victorian by Andrew Sankey. W.I. Hall 7.30 p.m. Members £1, Non-members £2 which includes tea/coffee, biscuits. All welcome.

29 **PARISH COUNCIL MEETING** 7.30 p.m. start in the Pavilion next to the MSC Hall

...July

1 **FAIR TRADE COFFEE MORNINGS** Benefice Hall, 1st Saturday in month 10am. Info Josie Wreathall 01440 783286

2 **METHODIST CHURCH SERVICE** Our Sunday services remain at 10.30am each week all welcome.

3 **COACH TRIP TO GT YARMOUTH** leaves The Greyhound at 9am limited spaces £18pp return. Call 01440 821017

4 **SUFFOLK FAMILY CARERS Are you looking after someone? Who's looking after you?** Monthly Family Carers Group 1.30 - 3.30pm at the MSC (Pavilion Room). More information contact Ros on 01473 835407 or healthteam@suffolkfamilycares.org One to one appointments are also available with a Family Carer Adviser at Wickhambrook Surgery.

FALLS PREVENTION CLASSES Every Tuesday 10.30 - 11.20am at Wickhambrook Pavilion. Pay as you go, £4.00 a class.

5 **ENTRIES FOR FLOWER SHOW** on Saturday to be made today. W.I. Hall open 3.15 - 4pm to make it easier for those going to school to pick children up at this time and then between 6.30 and 8.30 p.m. Schedules are available from Jackie Fieldsend 01440 820108 or from the Shop.

8 **WICKHAMBROOK CARNIVAL & FLOWER SHOW** *Carnival* on the field starts at 12:30 with a Disney themed walking parade with Carnival Prince/Princess & Sawston Youth Marching Band. Fancy Dress Competition in the Arena, Donkey Rides, Dog Show & Agility, Hundon Dance School, Chedburgh Choir, Children's Sports, Barrow of Booze, Grand Prize Draw, Bottle Tombola, Beer Tent, BBQ Lots of Stalls. W. I Teas and Cakes at the W.I. Hall. Pam and Julien Girling will open their garden at Donaghmore to serve cream teas. Further details lookout for posters/visit www.wickhambrook.org **Flower Show** in MSC Hall opens at 2.00 p.m. Please come into the hall (entrance 50p.) to have a look at all the entries flower arrangements, flowers, fruits and vegetables, handicrafts and cookery items. There are also exhibits entered by children and a special exhibition of children's work by Wickhambrook School

9 **FARMERS MARKET AND CENTRE CAFE 10am to 1pm.** In the MSC Fresh produce (with free samples) and a friendly cafe. All-in-all an ideal excuse for a Sunday morning stroll, a browse among the stalls and maybe a light bite.

LITTER PICK 10 a.m. meet in the entrance porch to the MSC Hall

11 **W.I. MEETING "The Spy Who Loved"** with Claire Mulley. All Welcome. 7.30 pm in W.I. Hall.

14 **W.I. FRIDAY TEA PARTY** from 2pm to 4pm .All profits to a local charity or group and for our Denman Bursary.

19 **HISTORY SOCIETY Visit to Gressenhall Workhouse and Farm** on Wednesday 19 July. Leaving MSC Hall at 8.45am. More details from Gillian 01440 820052.

21/22 **WICKFEST @ THE GREYHOUND & TWENTY ONE** Live music, BBQ, Real Ale fun for all the family FREE ENTRY.

23 **ALL SAINTS' CHURCH WICKHAMBROOK Family service** with eucharist at 10am. There will be refreshments after the service in the Hall. All welcome. For a full list of weekly Sunday services around our benefice of seven churches please see the website for details www.bansfieldbenefice.org.uk/services/ Like us on Facebook www.facebook.com/bansfieldbenefice

26 **HORTICULTURAL SOCIETY Evening visit to Fullers Mill, West Stow** details from Audrey and Matthew Lawfield - 01440 821379

27 **PARISH COUNCIL MEETING** 7.30 p.m. start in the Pavilion next to the MSC Hall

WICKHAMBROOK MSC SUPPORTERS ASSOCIATION PRIZE DRAW

APRIL WINNERS: Miss Ruth Smart £40, Mr Mark Ebeling £15, Mrs Dawn Howland £5, Mr R Jones £5, Penny Cole £5, Roger & Jackie Merry £5, Mrs Simister £5.
MAY: Mr Mark Ebeling £40, Jane & David Decorsey £15, Mrs R Scott £5, Mr T Wood £5, Mrs G Cooper £5, Carole & Roy Wilson £5, M Radley £5.

To put information in the What's On contact: Amanda Barrett Tel: 01440 820692
or email: whatson@wickhambrook.org closing date for entries - 20th of the month.
N.B. I will confirm receipt of your email. If your email is not confirmed within 24hrs please ring me.