

Wickhambrook Women's Institute Newsletter

Winter 2014 Issue 5

Keeping members and friends in touch

October Members very much enjoyed a visit from accessories designer Amanda Sutherland to show her latest creations and ideas in this area of the fashion business. Amanda recounted her training and work experience prior to embarking on her own designs marketed through her own studio, website and practical workshops. A wealth of many different work projects have given her a variety of new and useful skills to showcase in her own creations. Members were encouraged to try on hats, fascinators, jewellery and other accessories, viewing themselves in mirrors and by the rest of those present. A fun evening, full of lovely gems, Amanda was warmly thanked by Ruth Seal and plans were made to visit Amanda's workshop to try and design and create our own fashion statements in the near future. We finished the fun by designing and creating our own hats using only newspaper and pins, inventive but not so stylish.



November Do you know what Serviette work is? Members at Wickhambrook thought they did and were expecting ideas for different ways to fold napkins to decorate their Christmas tables. What a surprise then when Ann Datson demonstrated the craft using ordinary paper serviettes of varying colourful designs. You do not fold but tear gently and apply with glue to decorate all kinds of different surfaces and items. Very popular for many years in France, which was where Ann had been introduced to the work, she has now been creating for over ten years. She demonstrated the techniques and showed examples of her craft. These were very beautifully finished, from wooden boxes, glass items, ceramics and plastic moulded shapes including some decorated from the inside too! It looked so easy and effective so we had to have a go on the plastic flower pots she provided and it was, but like everything in life only care and practice would give us the results that Ann had displayed, but several ladies intrigued, vowed to carry on and do some items for Christmas. A fascinating glimpse into a previously unknown skill proved to be an excellent evening.

December Yet again the end of another year in W.I. concludes with the always much anticipated Christmas party. The year has flown passed once more filled with such a variety of events and meetings seemingly quicker each passing year. The candles were lit, the sherry poured and the hall and tree decorated ready for the festive meal prepared, presented and beautifully served by a small team of members. There was a delicately spiced sweet potato soup to start accompanied by crisp, melt in the mouth oat biscuits followed by ham, turkey and salmon accompanied by a colourful array of salads, coleslaws, rice and sauces as well as a hot baked potato. The variety of desserts was delicious you just had to come back for seconds! Entertainment came from Simon with his baffling mind reading and number magic which had everyone involved wondering how he does it. Such fun so well presented if frustratingly puzzling. After tea and coffee and thanks all round we all left, pausing only to choose a gift from the lovely wooden decorations that had adorned the beautiful tree all evening. A wonderful evening full of warmth, friendship, laughs and fun just as it should be in W.I. and is at our institute all through the year!



January 2014 New Year, New You, was the message from our first speaker of 2014, Loraine Callow. Giving yourself a refreshed outlook of style and image can do wonders for your self esteem and brighten up the outlook as we look forward to spring. Even the smallest tweaks or challenges can help us feel better, reviewing and organising your wardrobe, removing shopping mistakes or items rarely worn to focus on basic and simple combinations was Loraine's mantra. She spoke about body shape with several members offering themselves to be diagnosed with solutions offered and discussed. A good bra was essential, properly fitted; should be the building block of every body shape and style. Through good humour and much laughter tips and ideas were shared giving all present strategies to look and feel good in the days to come.

Forthcoming Meetings

Tuesday, 11th February 2014, Yoga with Carol Baker

Tuesday, 10th March, Tee Bee Crafts with Barbara Redman

Tuesday, 14th April, Life of a Racehorse with Geoff Evans

Please come and join us at our monthly meetings,

We'll be so pleased to see you again!

Forthcoming events

Tea Party

14th February 2014 from 2-4pm in W.I. Hall, all welcome!!

Quiz Night

15th March in W.I. Hall, start 7.30pm, teams of 4, £7 per person to include Ploughman's Supper. To book a table contact

Val Orange 01440 820161 or valerie@orange11.fsnet.co.uk

For more information contact Dorothy Anderson 01440 820376

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