

Multi-Use Games Area (MUGA)

Current Situation:

Work to repair the damaged tarmac area, remove and dispose of the delapidated basket ball hoop and supply and install green Bow Top fencing to a height of 1.2m (**Min. 21.09.18** refers) was completed in February.

In January 2022, (**Min. 22.01.10.4** refers), the parish council:

noted an update on progress (previously circulated as [WPC.22.01.07](#)) to re-develop the old MUGA space for Outdoor Fitness Equipment. Cllrs considered the proposals set out in the report and confirmed, in accordance with the Estates Committee's recommendation its preferred option was the installation of

- low level cardiovascular equipment, with no requirement to re-surface the existing tarmac; and*
- An additional Timber Gym Station, which could be sited just outside of the fenced area.*

And that the parish should proceed with a consultation based on the option set out by Proludic, which offered accessibility to a wide range of users and abilities, together with the support of a mobile application, and options to attract funding through the widened accessibility councillors considered this was available in this option. The consultation would include an explanation of approximate costs and the implications of moving to individual equipment stations.

Following this meeting, Proludic supplied at the clerk's request additional information on low level cardiovascular equipment options, to enable a broader consultation on the types of equipment that local residents might wish to see installed, and establish the level of support for the project. At the same time, they indicated that, due to inflationary pressures, there would be a likely increase over the original costs quoted.

The parish council held a pop up consultation in its gazebo at the Wickhambrook Fete and Flower Show on 9th July, and used this as an opportunity to engage further with local residents about the proposals for redeveloping the old MUGA, and the possible long term development of a new MUGA at another site on Six Acres. (Copies of the engagement materials are attached at **Appendix A**).

The General ideas board garnered six responses, summarised below:

Outdoor Fitness Area	Give back the basket ball court
Six Acres & Recreation Ground	Goal posts Secure dog area on field for exercise etc. Secure dog area for exercise & training A wall to kick a football against.
Skate Park	Make the skate park floor useable

When asked about options for low level fitness equipment (looking at six pieces overall), the votes are summarised below:

WPC.22.07.08 – Multi-Use Games Area

Rowing Machine	Elliptical Trainer	Hydraulic Leg Press	Hydraulic Squat	Hydraulic Shoulder Press
(2)	(2)	(2)	(2)	(2)
Ab Bench	Chin-up and Dip	The Twister Pendule	Velo Spinning	Hand Cycle
(2)	(1)	Nil	(2)	Nil

The responses are not statistically significant, and the clerk will run an on-line survey over the summer with both open and closed questions, to gather more information. Anecdotal, however, based on reported conversations at the engagement event, it does not seem that either the proposal for an outdoor fitness area or new MUGA space has strong support at this stage. Because the cost of any new outdoor fitness are would be likely to exceed £25,000, and therefore be subject to The Public Contracts Regulations 2015, and would need to attract significant external grant funding, it is important to be able to establish a good level of support from the parish before developing the project further. It may be that a smaller scale project would attract more support from residents of the parish.

Actions:

1. The clerk will undertake an online survey over the summer (which would include an explanation of approximate costs), using some of the suggestions from the engagement event to widen options consulted on, and report back to the September Estates and Parish Council meeting; and
2. Use the opportunity of developing community actions from the Neighbourhood Plan Household Questionnaire to test responses to the on-line survey

Reports:

[WPC.22.01.07](#)
[WPC.EC.21.12.03](#)
[WPC.EC.21.10.03](#)
[WPC.EC.21.08.05](#)
[WPC.21.09.10](#)

Minutes:

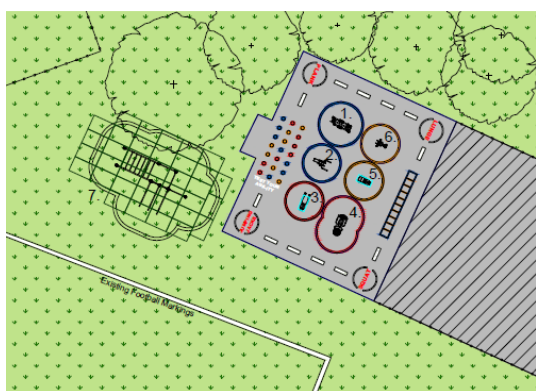
22.01.10.4
21.12.11
21.10.10
21.09.18
EC.21.08.12

Wickhambrook Parish Council

Outdoor Fitness Area

Last autumn, following initial consultations and feedback, the parish council decided to re-develop this space for outdoor fitness, combining resistance and cardio equipment.

In February, replacement fencing to the old MUGA space next to the Skate Park was installed, and work completed to level the surface at the rear of the space. This is the first phase in bringing the space back into use.



In January, the parish council agreed a preferred option—the installation of

- low level cardiovascular equipment, with no requirement to re-surface the existing tarmac; and
- An additional Timber Gym Station, which could be sited just outside of the fenced area.

And that the parish should proceed with a consultation based on the option which offered accessibility to a wide range of users and abilities, together with the support of a mobile application, and options to attract funding through the widened accessibility. An image of the proposed option is shown left.



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Take a look at the next board for more information.

Wickhambrook Parish Council Outdoor Fitness Area

What the proposal would offer:

- Wide accessibility for 17 plus users over 14 years of age.
- Sports app providing free exercise guides and allowing users to track workouts
- For users over the age of 18, access to a community forum through the sports app
- High level metal sport street work out located outside the fenced area
- Six low level cardiac and resistance equipment pieces (three hydraulic):
 - Elliptical Trainer
 - Spinning Bicycle
 - Hydraulic Squat
 - Pendulum and Twister
 - Shoulder Press
 - Hand Cycle
- Thermo plastic Graphics to create integrated workout



Costing

The preferred option was originally costed at just over £25,000. There would be some increase on this due to recent inflationary pressures and the time lapsed since the initial quote. A recent updated quote is between £26—£28K dependant on preferred choices of Urbanix Equipment.

The parish council currently has £7,500 in earmarked reserves to seed the project.

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How can you help?

This will be an expensive project and we'll need to apply for grants. This is why we need to listen to your views.

Please add your views to the ideas boards.

Outdoor Fitness Board

 <p>Rowing Machine</p>	<p>Ab Bench</p> 
 <p>Elliptical Trainer</p>	<p>Chin-up and Dip</p> 
 <p>Hydraulic leg press</p>	<p>The Twister Pendule</p> 
 <p>Hydraulic squat</p>	<p>Velo Spinning</p> 
 <p>Hydraulic Shoulder Press</p>	<p>Hand Cycle</p> 

Above are options for the low-level fitness equipment.

What would you like to see?

Add your vote(s) by ticking against the equipment you would most wish to use. We would be looking at six pieces overall, balanced between hydraulic and non hydraulic items.

The items suggested in the quote are filled in Green

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Skate Park

Our skate park has seen a lot of use over the years, and we're looking at what we can do to improve it.

Some of the kids who use it have said that they would like some different equipment added, and some would like the surface to be improved.

This year we held a Street Art Workshop in April to refresh the skate park and paint over old graffiti. Take a look at some of



We would be interested to find out any more changes you would like to see, for example

- New equipment
- New furniture for socialising
- Improvements to the surface

Below are some examples of new equipment that could be considered. Please take a look and add any suggestions of what you would like to see to the ideas board.



We have some money set aside, but may not be able to afford everything you would like!

Most of the funding would have to be raised locally or through grants.

Can you help us with this?



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Wickhambrook Parish Council Recreation Ground and Six Acres

Six Acres and the Recreation Ground is a fantastic open space for all to enjoy.

In addition to the children's play area, the old multi-use games area (MUGA), skate park and zip wire, it is home to football, tennis and outdoor bowls clubs, and beloved by many dog owners who enjoy exercising their family friends.

This year, we've carried out repairs to some of the equipment in the Children's pocket park and held a Street Art Workshop at the Skate Park.



Development of a new MUGA

The Parish Council has been exploring the development of a new and larger grant funded MUGA, incorporating 5-a-side football hockey and basketball allowing for a MUGA up to 20m x 30m.

A position in the Acres is considered the best option, with less risk of noise nuisance or drainage issues.

We want to hear from you...

This will be an expensive project and we'll need to apply for grants. This is why we need to listen to your views.

We'd like to know if you support this project— tell us

- What you think of the location
- What games do you (and your family) like to engage in?
- What sort of fencing would you want?
- Would you like seating?
- Grass or hard surfacing?
- Lighting after dark?

We have created the reference J22212 in our "Sports walls / Ball courts" range. This module is accessible from 6 years.

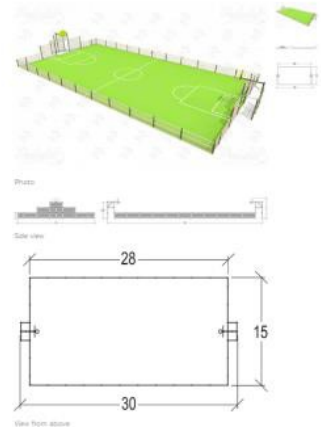
The size of the module is: 30.20 m wide, 15.20 m. deep, 3.90 m. High.

Specifications

Age range: 6+
Size: 30.20 x 15.20 x 3.90 m

Equipment installation

Number of installers: 3
Installation time: 24:00:00
Concrete volume: 4.20 m³
Total weight: 1566.49 kg
Weight of the heaviest element: 27.36 kg



How can you help?

Can you help us with this project?

Can you offer experience or contacts which would help us to get deliver the best results for families in the parish?

Please add your views to the Ideas board using post it notes so we get a really good understanding of what's important to you.

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Ideas Board

Outdoor Fitness Area	
Six Acres & Recreation Ground	
Skate Park	

How do you use these areas and what would you like to see? Please add your thoughts on a post-it note.

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