

## Requests for Financial Support from Wickhambrook Parish Council

Each year Wickhambrook Parish Council sets aside some funds from its budget to give financial support to local and/or charitable organisations. The power under which a Parish Council may do this is s.137 of the Local Government Act 1972.

Requests have been received in Quarter 4 for financial assistance from:

1. Arthritis Action
2. Headway Suffolk

(Appendix A refers); and

Funds remaining in the budget line for Charitable Donations are £200.00 against a budget of £250.00.

### **Recommendation:**

**Councillors are asked to consider which Charitable organisations (1-2 above) to support and the level of support for each request made.**

Hilary Workman  
Clerk & RFO  
February 2021

**From:** [Marc Williams](#)  
**To:** [Hilary Workman](#)  
**Subject:** Arthritis Action  
**Date:** 13 November 2019 16:52:25

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Hello there,

I would like to take this opportunity to introduce myself. My name is Marc and I am the Coordinator for Arthritis Action's Self-Management programme in East Anglia. These are group meetings in which people with Arthritis are given the opportunity to meet others who have the condition to share their hints, tips and experience about how they manage their pain and associated symptoms with confidence. We also invite along a series of expert speakers who are able to pass on information about local services and referral pathways.

In 2020 we are planning on expanding throughout East Anglia and will be starting new Groups in Cambridge, Chelmsford, Colchester and Ipswich, to add to our existing Bury St Edmunds and Norwich Groups. In anticipation of this we are looking to meet new people and organisations in all our areas. In this case Bury St Edmunds and surrounding areas, to find out how we can work together to raise awareness of living well with arthritis.

I was also wondering whether or not you are able to share information about local support groups? Our next one will be on at The Centre on St Johns Street, Bury St Edmunds on the 26<sup>th</sup> November for the end of year group then picking up again in the new year at the beginning of February. I can send posters over and also the facebook events if you would be able to do so? If you have any questions for me about our organisation, please let me know, here is also a link to our website if it would interest you to have a look <https://www.arthritisaction.org.uk/>

Alternatively if you would like to hear more about us I would be happy to come a deliver a short presentation about what we do. If you have any questions for me please do let me know.

I hope to hear from you soon.

Marc

**Marc Williams**

Area Co-ordinator

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**From:** [helenm.fairweather](mailto:helenm.fairweather)  
**Subject:** Headway Suffolk  
**Date:** 06 October 2020 14:44:26

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Dear Parish Council

**Re: Headway Suffolk**

Headway Suffolk is a local charity that offers rehabilitation, support and care to people with an acquired brain injury, stroke, dementia, MS or other neurological condition.

We provide specialist rehabilitation, therapy and support services throughout Suffolk to help people rebuild their lives. We aim to improve daily living skills, cognitive ability, physical, emotional and behavioural well being. Our goal is that people increase social engagement, live independently, gain employment and become active members of the local community.

As well as support staff, we employ a team of clinical therapists and counsellors, and have a Brainy Dogs service that trains rescue dogs to be good companions to our clients.

We have two rehab hubs in Ipswich and Bury St Edmunds and run 'satellite' hubs and dementia social support groups in community buildings and hospitals. We are planning to build an ambitious and exciting new rehab and housing provision in Suffolk.

Headway Suffolk is registered with CQC to deliver specialised home care and community support. We have always received a good rating from their inspections

During Covid-19 lockdown we had to close our hubs. We adapted to support even more people in different ways. We provided additional homecare visits, to free up hospital beds, set up a virtual hub so clients could stay in touch and continue with their rehab, organised food deliveries, virtual counselling, and a helpline.

Annually we hold a Cycle Ride/Walk fundraising event, an Awards Dinner for our clients and sponsors, and a Neuro Conference that's attracted the likes of Professor Stephen Hawking and Chris Tarrant.

These all had to be cancelled due to Covid 19 restrictions,

Like all charities Covid 19 has hit us hard. We have seen increased work but had less funding. We are appealing to Parish Councils to support us and grant us a donation. Many have always supported us and we ask that you continue to do so, so that we can help people with a neurological condition in your Parish

I look forward to hearing from you

Yours sincerely

*Helen Fairweather*

Helen Fairweather  
Chief Executive

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